COURSE SYLLABUS

Beginning Hip Hop is a beginning dance course that introduces rhythm, musicality, coordination, isolated movements, and choreography which has been popularized by the urban musical culture of the same name. This course will focus primarily on a hip-hop style which encompasses jazz-funk, commercial/new style, and street dance.

Weeks 1 and 2:

The Warm-Up and Introduction to Isolations and Rhythm & Grooves

Week 3 and 4:

Working on Dynamic Movements and starting Choreography

Adding Old School Hip Hop Fundamentals and Techniques to Choreography.

Week 5:

Performance Etiquette and Skills
Choreography
Staging and Formations
Finish Choreography

Week 6 and 7:

Final Run-Through and Preparation for the Show

Final Performances!!!
Course Requirements:

1. There is no prerequisite for this course.

2. The attendance policy is (whatever Stanford’s standard policy is).

3. Participation with enthusiasm and contribution in subgroups is a major component of your grade. Not to mention it makes the course more fun!

4. Appropriate attire for this course is that which allows freedom of movement. T-shirts, tanks, sweats, dance pants, dance shorts, and the like are recommended. Dance shoes, or sneakers with a non-skid sole are required.